

# **London Logosynthesis® Basic Level Training**

**Thursday 15<sup>th</sup> November to Saturday 17<sup>th</sup>  
November 2018.**

**Old Diorama Arts Centre**

**201 Drummond Street NW1 3FE**

**Time: 10.00 am – 6.00 pm**

**Course fee: - £650**

This training is suitable for coaches, counsellors, therapists and people working in the caring professions. During the 3 days you will learn how to: -

- Change lifelong patterns and beliefs that limit your growth
- Relieve anxiety and stress
- Resolve emotional trauma without being re-traumatized

Logosynthesis can be used with a variety of conditions that all create suffering. Emotions such as fear, grief, guilt and shame can be resolved as well as disturbing memories, limiting thoughts, beliefs and fantasies; bad habits; physical symptoms.

Logosynthesis is an innovative and comprehensive system for guided change, which supports healing at the deepest level of our existence. It allows for the recognition and systematic resolution of self-limiting patterns and enables us to reconnect to our true self. It is surprisingly gentle, in that it does not require the person to relive the traumas they suffer, in order to get permanent relief. It is effective and is easily applied through 3 simple, intentional sentences.

This certified Basic training qualifies as the foundational training towards becoming a Certified Practitioner of Logosynthesis.

Logosynthesis uniquely combines concepts from energy psychology and psychotherapy with the ageless wisdom of healing through the intentional use of words. It was developed in 2005, by Dr. Willem Lammers, and is comprised of a model and a method embedded in a coherent, holistic view of human nature that creates space for the spiritual dimension of change.

This seminar introduces the theory, the model and the method. The material will be presented through lectures, power point, live demonstrations and experiential exercises. Participants will be given ample opportunity for discussion and supervised practice.

At the end of the three days, you will be able to apply the basics of this state-of-the-art method in your work with your clients or on yourself, within the context of your professional practice and theoretical framework.