



An Introduction to
Logosynthesis[®]
for Self-Coaching
with Heather Day

30th September 2016 | St Paul's Centre Hammersmith
9.30-4.30 pm

- Discover a new system to use with clients who get stuck in limiting beliefs, fears and old patterns
- Learn a non-intrusive way of working with clients “in the present” and get immediate results
- Experience an easy way to renew your energy with self-coaching and learn a new process to add to your toolkit

Logosynthesis works effectively with clients in coaching, counselling and psychotherapy. It creates space for the spiritual dimension of guided change. *Logosynthesis* is grounded in neuroscience, and is based on clear interventions in the form of specific sentences offered to the client.

Logosynthesis has been developed by Dr Willem Lammers. For further info go to www.logosynthesis.net

Booking details overleaf →

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Very good course, useful and informative and it was great that it was so experiential. Also very interesting to learn about how we create constructs of our past experience. Thank you.

Phil Ball - Executive Coach

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Thanks to Heather Day for taking the leap to offer this new work, which has enabled me to experience and learn about a whole new world of energy and flow. This new work will not only enhance my own therapeutic practice but will enable me to access higher aspects of myself.

Tiffany Macedo-Dine Transformational Coach and speaker

This introductory workshop is suitable for coaches, counsellors and therapists who want to learn more about this unique system.

On the day you will: -

- Learn what Logosynthesis is
- Experience how it works
- Discover how to apply it to your own issues.



Heather Day is an experienced coach, facilitator and the **only UK trainer** certified to deliver this training.

Bookings: www.heatherdaycoaching.com

Cost £145 £125 until 31st August
Super earlybird rate £95 until 30th June

For further information contact Heather on **07966 067883**

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This was a great taster and introduction to this work. I now feel confident about applying the three sentences to my own issues

Stella King - Person Centered Counsellor